Resource List for ASPIRE Middle School Coordinators

The resource list for ASPIRE Middle School Coordinators is a collection of tools, activities, and information that staff can use to support their ASPIRE programs. The resources included in this list are organized into three different sections:

ASPIRE Resources
Oregon Department of Education Resources
Other Resources

If you have additional questions about these resources or need help strategizing about using any of these resources, please contact your ASPIRE Access Specialist.

ASPIRE Resources



- ASPIRE Year-at-a-Glance: MS Coordinators- Key tasks and programming ideas for middle school program year. <u>Download a copy here</u>.
- ASPIRE Career College Readiness (CCR) Inventory- The ASPIRE CCR Inventory
 Tool is designed to help ASPIRE middle school sites plan CCR events and activities.
 <u>Download a copy here</u>.
- ASPIRE Middle School Mini Lessons- These five activities are specifically designed to support middle school students in career exploration and understanding postsecondary options. Each lesson is short, flexible and includes description of game, worksheets, and handouts. <u>Download copies on our website.</u>
- **ASPIRE Middle School Tracker** The Middle School Tracker is a document that helps record student GPA, goals, needs, and common activities for students in 5-8th grade. You can <u>download a print copy</u>, a <u>fillable PDF copy</u>, <u>or order print copies for free</u>.
- "I Went To…."- This activity encourages teachers and staff to share their postsecondary journey by completing one of four handouts. This fun and easy activity is a great way to start career conversations with kids. Download copies here on our website.

Oregon Department of Education Resources







- Oregon Career Connected Learning- The Oregon Department of Education's Career Connected Learning provides information and resources on applied learning strategies to support students toward college and career readiness. <u>Learn more.</u>
- Oregon CIS Middle School- You can get a <u>Free license through Spring 2024</u>.
 Free training is also available thanks to funding from ODE. <u>Sign up to discover how you can use Oregon CIS</u>.
- Career Journeys & Toolkit- This collection of videos and a toolkit helps students find their own path. The Career Journeys project seeks to help middle and high school students from across the state of Oregon—and beyond—to dream big. It's all about exposing students to in-demand career pathways through "nearpeer mentoring". <u>Learn more here.</u>

Additional Resources









- American School Counselor Association- MS Conversations. This document connects ASCA Student Standards with questions to help spark conversations with students. <u>Download the guide.</u>
- YouScience.com- YouScience is a program that provides career guidance using aptitudes. ODE will provide limited access to ASPIRE volunteers who will help up to 10 students. <u>Contact Beth Molenkamp</u> for additional information.
- Oregon Goes to College Middle School Checklist- MS Conversations. This
 checklist is designed to help student learn what to do to prepare for college while
 they are in middle school. <u>Download the PDF</u>.
- National Association for College Admission Counseling (NACAC) College Awareness and Planning- This curriculum include an entire section for middle schools and includes materials in English and Spanish. <u>Learn more here.</u>
- National Association for College Admission Counseling (NACAC)- This
 curriculum is focused on supporting college awareness and planning for middle
 school students. It is free, but you need to request a digital copy. <u>Learn more</u>
 here.
- ECMC Believing the College Dream-ECMC Believing the College Dream helps you motivate students to dream big and gives them practical skills to make their dreams happen. <u>Learn more here</u>. We have the individual lesson plans available on our website <u>here</u>.